

Supply List

Gouache for the Absolute Beginner

Instructor: Lauren Adams

laurenadamsartist@gmail.com

Paint

I like Winsor & Newton, Daler Rowney and M. Graham. Buy the best quality paints you can afford. It makes all the difference with this medium. Avoid Artist Loft, Master's Touch, and Art Alternatives brands.

Basic Colors:

Blues: Ultramarine Blue and Phthalo Blue

Reds: Cadmium Red and Permanent Rose (or Alizarin Crimson or Quinacridone Magenta)

Yellows: Cadmium Yellow and Lemon Yellow

Neutral: Burnt Umber or Raw Umber

Titanium White

Palette:

traditional watercolor palette with wells, a butcher tray, or paper palette pad (my preference) Any other smooth, non-absorbent surface will work.

Brushes:

You'll only need a few to get started: a round point approx. size 6 and a larger flat or round wash (approx. 1/2"-1"), a round detail brush (approx. size 1-4). I like to use softer synthetic brushes as well as bristle brushes with gouache. If you already have brushes, bring them. Buy quality brushes such as Loew Cornell, Princeton or other professional brush line.

Surface:

Approx. 8" x 10" or 9" x 12" cold press or hot press watercolor paper, illustration board or Bristol board. 140 lb. minimum thickness. Bring a few surfaces.

Terry towel or Paper towels (I like Viva brand)

Water container

Assorted sketches, photo references or ideas

Optional:

Drawing Pencil (HB)/eraser / sharpener

White artist tape or blue tape (for adhering paper to a surface). If you are working on paper in a block you won't have to adhere it to a rigid surface.