

Supply List

Acrylic Painting for the Absolute Beginner

Instructor: Lauren Adams

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Brushes:

Have a several points and flats, large and small, synthetic and natural bristle.

Acrylic Colors

I like Liquitex and Golden Acrylics.

I use a “double primary” palette.

Examples:

- cadmium red medium and naphthol crimson (or sub alizarin crimson)
- cadmium yellow medium and lemon or hansa yellow
- ultramarine blue and phthalo blue
- burnt umber
- Titanium white (buy artist grade for this color even if all other paints are student grade)

Surfaces

- Stretched canvas, canvas board or canvas pad (I recommend 9” x 12” or 11” x 14”)
- 1 piece of approx. 11” x 14” heavy weight paper (90-140 lb) or a sketch book with heavy paper

Other Supplies

- If you plan to work from photos, bring them. Anything that interests or you find inspiring is appropriate
- Paper towels
- Palette knife for mixing
- A flat, non-absorbent palette. I highly recommend a disposable paint palette pad, but even paper plates or aluminum foil will do. I don’t recommend the small plastic palettes intended for watercolors.

Optional

- Acrylic Matte Medium - (fluid *not* gel, and get a 4 oz. bottle-you don’t need a lot)
- Pencil for sketching or image transfer
- Mister or spray bottle for water (keeps paints moist on the palette)

NOTE:

Please feel free to bring anything not on the list.

Remember to wear your paint clothes or a smock.

If you have **any** questions about supplies, please don’t hesitate to send me an email