

Spruill Center FOR THE Arts

CLASSES • EVENTS • GALLERIES

SUPPLY LIST

Oil Painting: An Easy Beginning for Confident Painting! - The Line & Mass Block-In (Still Life)

Instructor: Melissa Gann

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Brushes

Required:

- **Natural or synthetic bristle brushes, filbert, recommended sizes #2,4,6, 8**
- **Fan brush or Blending Brush (badger or mongoose (or synthetic), something SOFT)**

Notes about brushes and recommendations:

I'm not too picky about exact brushes. You will need sturdy oil brushes for the block-in: natural bristle or synthetic bristle, small and medium sizes (too big and it will be hard to draw, too small and it will be tempting to get lost in detail). That said, it depends on your style - almost any natural bristle brush is suitable. For taking the painting beyond the block-in, you may want something softer, like mongoose or a soft synthetic, for laying the paint on over your block-in. It would be good to have several brushes of varying sizes and shapes, whatever suits you. I like to use filberts and rounds the most. I rarely use flats in oil painting, but if you like them you can bring them. For reference, below are some of the brushes I use.

My most-used brushes for a block in and beginning stages are:

Isabey Special, filbert, sizes #2,4,6,8

Princeton Catalyst PolyTip, round, size #0/2

My most used brushes for later and final stages:

Rosemary & Co, Master's Choice:

- Series 278. Long Filberts, Sizes #4,6,8,10
- Series 272. Rounds, Sizes #4,6,8,10
- Series 105. Fan, any size

Oil Colors

Required:

- **Titanium White*****
- **Yellow Ocher*****

- **Transparent Oxide Red (or Brown)*****
- **Cadmium Red**
- **Cadmium Yellow**
- **Ultramarine Blue**
- **Viridian Green**
- **Alizarin Crimson**

Notes about paint colors and recommendations:

I like Winsor Newton or Gamblin but any brand of oil paint is fine. Be careful not to accidentally grab water-soluble oils.

Please note, I am flexible about most colors, if you have ones that you prefer. I say these above are “required” colors because you will need a full palette of warm and cool, but if you have a specific color you find similar to the one I have listed (ie: you prefer Cad Lemon to Cad Yellow or you have a whole tube of Thalo Blue you’d rather use up than buy Ultramarine) that’s fine with me. However, the ones with stars are the colors that must be exact.

Surfaces

Required:

- **Stretched canvas, canvas board, or gesso panel - nothing smaller than 11” x 14,” nothing larger than 16” x 20”**

Other Supplies

Required:

- **Viva brand paper towels or blue shop towels (used by mechanics, etc.) for wiping brushes. You MUST have very sturdy paper towels with minimum lint. Regular kitchen paper towels are not adequate.**
- **Gamsol Odorless Mineral Spirits (OMS).**
- **Stainless Steel Leak-Proof Deluxe Brush Washer - this will be your container for your OMS. Once full, you don’t need to bring the whole bottle of OMS.**
- **Rubber gloves to wear while painting - While some information is controversial regarding the toxicity of oil paints and mineral spirits, I believe it is much safer to simply start the habit of painting wearing gloves and avoid any risk. You may use reusable gloves (like gardening gloves) or disposable latex (or latex-free) gloves. Latex style gloves are usually available in large, medium, and small. Take note of what size you want. Make sure they fit snugly and comfortably and don’t affect your dexterity.**
- **Palette knife for mixing**
- **Palette - I STRONGLY recommend:**
 - **a disposable paint palette pad - Jack Richeson Grey Matters Paper Palette, size 12x16.**
 - **and a resealable box for it, such as Masterson Artist Palette Seal airtight palette, size 12x16 (Be sure your palette pad and box are the same size).**

- **Notebook or sketchbook and pencil for taking any notes you may want and for making quick, informal sketches.**

Optional

- Apron or smock. If you don't want an apron or smock be sure to wear clothing that you don't mind getting paint on.
- Turpenoid Natural for cleaning your brushes at home, and a Silicoil Brush Cleaning Tank to keep it in.
- Bungee cords - short bungee cords (10"-18") are great for hanging your paper towels or a trash bag, etc., from your easel. They just come in handy now and then.

NOTE:

Please feel free to bring anything not on the list.

If you have **any** questions about supplies, please don't hesitate to send me an email!