

Spruill Center for the Arts

SUPPLY LISTS FOR COURSES 1, 2, 3

PORTRAIT & FIGURE - PAINTING & DRAWING with NANCY HONEA

Instructor: Nancy Blanchard Honea

Email: nhoneastudio@aol.com

Fall - COURSE 1, FIRST- TIME STUDENT DRAWING SUPPLIES NEEDED

Use this list if you are a first-time student in the FALL class, and bring these **DRAWING SUPPLIES** to your first class, and to each class in the **FALL course**. We begin the FALL quarter with focus on the Head and Features, doing Value Studies working in Charcoal. You will need OIL SUPPLIES in the WINTER and SPRING quarters.

- **Notebook: Medium Sized, Unlined, pen/pencil** for notes.
- **Sketch pad: Smooth surface drawing pad** (rather than newsprint pad) that is bound at the top, size **16x20 or 18x24** ('Canson Biggie" is good, or any paper that is smooth.)
- **Charcoal:** It is essential that you get **SOFT VINE charcoal**. If you cannot find it marked as SOFT, then test it in the store. Make 10 parallel lines close to each other, and then rub in the opposite direction with your fingers. If it is SOFT, then the lines will disappear into a soft grey mass. If the charcoal is medium or hard, the lines will NOT disappear completely.
- **Kneaded Eraser**
- **Paper Towels:** brand **VIVA**, 1 roll
- **Clips: 4 large Bankers clips** to clip your paper to your board.
- **Masking Tape**
- **Backing Board:** Get a sheet of 24"x30" foamcore, 1/4" thin, to use as a backing board on which to clip your paper, and to transport your work. (Trim it to only 2" larger than your pad of paper so you can use the clips.)
- **Workable Spray Fixative:** (for charcoal, pastel, pencil)
- **Measuring stick:** best is a **metal barbecue skewer**, or a **knitting needle**.

You may find it helpful to add the following items to your **DRAWING SUPPLIES:**

- **Gloves: Thin medical-type gloves** are helpful, as charcoal, some oil paint, and most pastels are toxic. You can find them Latex-free if that is an issue for you. Or, you may want to get "**Gloves in a Bottle**", a liquid that you rub on your hands to create a barrier, let it dry, then do your work. It will protect from paint, solvents, and dust.
- **Mask:** If you are sensitive to charcoal, you will want a mask for Charcoal days. I prefer a **Surgical Facemask with soft elastic that hooks behind the ears**. It is comfortable.
- **Visor:** A visor is helpful to block the light. In some easel positions, you may find the model light is pointed directly at your eyes.
- **Mirror: Large, square with a handle.** You can find the best mirror at a beauty supply house. This size allows you to view using both eyes. A hand-held mirror is very helpful to check your painting by viewing it in reverse.
- **GLASSINE sheets or Wax Paper** to cover your charcoal drawing for transport.
- **Binoculars:** These are helpful to see details on the model when your easel position is at some distance. ■

NOTE: To see all supplies needed for this program, look at all 3 Supply Lists.

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SUPPLY LIST

PORTRAIT & FIGURE with NANCY HONEA – COURSE 2

Instructor: Nancy Blanchard Honea

Email: nhoneastudio@aol.com

Winter, COURSE 2 - STUDENTS WORKING IN OIL PAINT

ADDITIONAL OIL PAINTING SUPPLIES NEEDED FOR COURSE 2

Oil Paints - Get only these brands of oil paint: **Winsor Newton, Gamblin, Grumbacher**, or **Rembrandt** in tube sized 37 ml. (except Titanium White, get 120 ml tube). Colors are often different in different brands. For your convenience, the color list is arranged by brand as a shopping list.

WINSOR NEWTON

- Cadmium Green pale

GAMBLIN, GRUMBACHER, REMBRANDT

- Burnt Sienna
- Cadmium Red Light
- Cadmium Orange
- Hansa Yellow Light
- Permanent Green Light (Gamblin)
- Ultramarine Blue
- Titanium White (120 ml tube)

- If you are new to oil painting, look carefully on EACH tube to make sure that you are buying OIL paint, NOT acrylic, watercolor or any other type of paint.
- Please use only Artist Grade Oil Paints = **NO STUDENT GRADE PAINTS**. Each brand makes a line of student grade paint. The following are names of student grade paints to AVOID: Winsor Newton=Winton; Grumbacher=Academy; Rembrandt=Van Gough.
- Please do not bring any colors other than those listed above. We use only these colors with my Clean Color system.

ADDITIONAL OTHER MATERIALS NEEDED IN COURSE 2

- **CANVAS: TWO 16"x20" stretched cotton canvases.** Please, NO CANVAS BOARD. We always work on toned canvas. To tone your canvas you will need:
 - Golden Acrylic, Grey, #6 value (tube or jar)
 - Disposable 2" sponge brush.****TONE YOUR CANVAS - See instructions at the end of this list.**
- **BRUSHES:** We use **FILBERTS** made with **HOG BRISTLE** (not synthetic or sable.) Look on the handle of the brush, and it will say Filbert. Each brush style (Filbert, Flat, Bright, Round) serves a particular purpose. Though the hairs may all be Hog Hair, the hairs are arranged differently for each particular style of brush. Get FILBERTS. The brand I prefer is **Robert Simmons Signet 42 Filbert**, but you may chose another brand if you prefer.
- **BRUSH SIZE:** You will need a number of **FILBERT HOG brushes** in a variety of SIZES:
 - **Size #2, buy 2 brushes**
 - **Size #4, buy 3 brushes**
 - **Size #6, buy 3 brushes**

***If you have other brushes from previous classes, or used while working at home, please leave them at home. We use only clean Filberts brushes in good condition.

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NANCY HONEA PORTRAIT & FIGURE – SUPPLY LIST -- COURSE 2 (cont'd)

- **PALETTE KNIVES:** Bring what you have, but wait to buy this item until I show you.
- **BRUSH WASHER:** A Brush Washer holds your solvent. The best style is a **small metal can and a lid with gasket** that when closed is held tightly by clips on the can. Inside is a metal insert with holes. It allows you to scrap the brush back and forth to clean off paint. Please, NO GLASS JARS.
- **BRUSH CLEANER:** Proper care of your brush investment is essential. They will last a long time if cleaned properly. You can use **liquid detergent** (Dawn, Ivory, etc), or **liquid Murphy's Oil Soap**, or **Masters Brush Cleaner** (in an art store).
 - **Cleaning Procedure:** Wipe the paint off your brush. Rinse in the brush washer moving back and forth in the solvent. After a final rinse of your brush and wiping clean, you need to complete the cleaning with some type of soap and water as listed above. This needs to be done within the same day of use. Some of these products may also remove dried paint from brushes and clothing.

PALETTE ITEMS:

- **BOX:** We use the **Masterson Paint Saver Box** (white plastic bottom with a blue top, size 12"x16"). It is the best system to transport your palette to class. The lid seals the box with palette inside, allowing the paint to remain laid out. This saves your paint between classes. You can even store the box in the freezer. When you get to class, your paint will be fresh. Some paints will need to be refreshed, but many will remain usable.
- **PALETTE:** We use a **Plexiglas palette**. Go to a frame shop and get a piece of Plexiglas cut to fit inside the box. It is best to take the box with you. Have the Plexiglas cut $\frac{1}{4}$ " less than the inside of the box all the way around. (This space allows you to lift it easily out of the box for use in the classroom.) Some people prefer glass, but I prefer Plexiglas as it is lighter weight, will not break, and is not as slippery for mixing paint.
- **TONED PALETTE:** We use a **TONED Plexiglas palette**. You will paint the Plexiglas on ONE SIDE ONLY with the same paint that we use to tone our canvas (Golden Acrylic, Grey, #6 Value). ****See Instructions at end of this list.**
- **PALETTE LAYOUT:** In class, I will give you a printed diagram for paint layout.
- **PALETTE SCRAPER:** Get a **Paint Scraper with a straight razor blade** found in the hardware store, and even some grocery stores. With this you can easily clean the mixing area at the end of the painting session, or during painting when your mixing area becomes too crowded with mixtures.
- **PALETTE CLEANER:** We use **Rubbing Alcohol** to clean the mixing area thoroughly.
- **PALETTE CUPS:** Get **2 metal cups with screw lids that are at least 1" across**. They will have a clip on the bottom allowing attachment to your palette. One cup will hold clean solvent, one a medium mixture. Do not get plastic cups, as they often dissolve.

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NANCY HONEA PORTRAIT & FIGURE – SUPPLY LIST -- COURSE 2 (cont'd)

- **SOLVENT:** Use solvent by **Gamsol made by Gamblin**. DO NOT bring mineral spirits, turpentine, or any other type of solvent. ONLY odorless solvent is allowed in the building. Bring your solvent in the container it comes in. In class, you can pour a small amount in the metal palette cup and in your brush washer. Do NOT bring glass containers. Glass is too dangerous as containers are sometimes knocked over.
- **TUBE OPENER:** An Old-fashioned **Nutcracker** can open stubborn paint tubes or **Pliers**.
- **BRING TO CLASS: NOTEBOOK, GLOVES, MASK, VISOR, MIRROR, BINOCULARS**

TRANSPORTING ALL SUPPLIES:

- **CART ON WHEELS:** This is a lot of equipment to carry in and out. You can use multiple spacious bags stacked on a wheeled carrier, or a piece of carry-on luggage on wheels, or even a tool kit box on wheels. You also will need to be able to bring your drawing board in and out, and later your wet canvas. Give some thought as to how to configure this.
- **BUNGEE CORDS** to hold all securely.
- **LARGE PLASTIC BAG or two** to cover everything for transport when it is raining.
- **BRUSH HOLDER:** You might want to invest in a brush holder to allow secure and safe transport of your valuable brushes. **Winsor Newton Brush Holder** is made of cotton canvas, with rigid support and Velcro strap enabling the holder to stand upright when open. When closed, your brushes can be transported without damage. It has 22 slots for various size brushes. Another style is a **long plastic Brush Box**, just make sure the brushes fit with space at the brush tip, and so they are not free to slide forward to ruin the shape of the brush. These boxes usually have a coil or foam inside allowing you to press each brush in place and hold it securely for transport.

NOTE: EASELS and TABORETS PROVIDED BY THE SPRUILL CENTER.

Local Vendors: Binders, Blick, Flax, Hobby Lobby, Michaels.

Online Vendors: www.JerrysArtarama.com, www.Blick.com

INSTRUCTIONS TO TONE YOUR CANVAS AND PALETTE

Painting a value tone on your canvas and palette provides a consistent color/value on which to compare as you mix paint and place these mixtures on the canvas. ACRYLIC paint is water based, thus can not be mixed with OIL paint. We only use this Grey Acrylic for toning. Because it can dry in the brush, we use a disposable sponge brush.

- **TONE CANVAS:** Use **Golden Acrylic, Grey #6 value**, and disposable **Sponge Brush**. Lay canvas flat. Spray lightly with water. Using plastic knife or palette knife, deposit some paint at one section at end of the canvas. Wet your sponge. Brush back and forth until covered evenly, BUT NOT THICKLY. Go to next section, and repeat in 2-3 sections. It dries so quickly. PAINT ONLY ONE LAYER, no problem if it is a little streaky.
- **TONE PLEXI PALETTE:** Using same supplies, paint one layer in one direction, let dry completely, then, add a second layer in opposite direction. It may take a third layer to cover the palette opaquely, so that when you turn it over it is a solid grey.

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SUPPLY LIST

PORTRAIT & FIGURE with NANCY HONEA – COURSE 3

Instructor: Nancy Blanchard Honea

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Spring, COURSE 3 - STUDENTS WORKING IN OIL PAINT

ADDITIONAL OIL PAINTING SUPPLIES NEEDED FOR COURSE 3

Additional Oil Paints - Get only these brands of oil paint: **Winsor Newton, Gamblin, Grumbacher, or Rembrandt** in tube sized 37 ml. (except Titanium White, get 120 ml tube). For your convenience, the color list is arranged by brand as a shopping list.

WINSOR NEWTON

- Indian Yellow
- Cadmium Yellow
- Permanent Rose
- Cadmium Green pale
- Viridian (Green) (Do not get a Hue)

GAMBLIN, GRUMBACHER, REMBRANDT

- Ivory Black
- Alizarin Permanent (ONLY Gamblin)
or, Crimson Lake Deep Extra (Old Holland)
- Raw Sienna (**ONLY Grumbacher, or Gamblin, NOT Winsor Newton)
- Permanent Green Light (Gamblin)
- Phthalo Blue
- Dioxazine Purple (Grumbacher)
- Quinacridone Magenta
- Cadmium Red Medium

Optional Colors that you will enjoy if you can afford to buy these in addition to those listed above:

GAMBLIN

- Perylene Red
- Phthalo Turquoise

GRUMBACHER

- Cadmium-Barium Red, Deep

NOTE:

- Look carefully on EACH tube to make sure that you are buying OIL, not acrylic, watercolor or any other type of paint.
- Please use only Artist Grade Oil Paints = **NO STUDENT GRADE PAINTS**.
- The following are names of student grade paints to AVOID:
Winsor Newton= Winton; Grumbacher=Academy; Rembrandt=Van Gough.
- Please do not bring any colors other than those listed above. We use these colors with my Clean Color system.

ADDITIONAL OTHER MATERIALS needed for Spring Course 3

- **CANVAS: TWO 16"x20" stretched cotton canvases.** Please, NO CANVAS BOARD. We always work on toned canvas. To tone your canvas you will need:
 - Golden Acrylic, Grey, #6 value (tube or jar)
 - Disposable 2" sponge brush.
- **TONE YOUR CANVAS - See instructions at the end of this list.**

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NANCY HONEA PORTRAIT & FIGURE – SUPPLY LIST -- COURSE 3 (cont'd)

- **BRUSHES:** We use **FILBERTS** made with **HOG BRISTLE** (not synthetic or sable.) The brand I prefer is **Robert Simmons Signet 42 Filbert**, but you may chose another brand.
- **BRUSH SIZE:** You will need a few **MORE FILBERT HOG** brushes in a variety of **SIZES**:
 - **#2, buy 2-3 more brushes**
 - **#4, buy 3-6 more brushes**
 - **#6, buy 3-4 more brushes**
 - **#8, buy only 1 brush**
 - **#10, buy only 1 brush**

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PALETTE ITEMS:

- **PALETTE LAYOUT:** You received a printed diagram for paint layout in Course 2.
- **PALETTE SCRAPER:** Get a **Paint Scraper with a straight razor blade** found in the hardware store, and even some grocery stores. With this you can easily clean the mixing area at the end of the painting session, or during painting when your mixing area becomes too crowded with mixtures.
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- **TUBE OPENER:** **Nutcracker, or Pliers.**
- **RETOUCH VARNISH:** **Grumbacher Spray Retouch Varnish for Oil.** (Not Final Varnish)

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NANCY HONEA PORTRAIT & FIGURE – SUPPLY LIST -- COURSE 3 (cont'd)

- **Additional items: NOTEBOOK, GLOVES, MASK, VISOR, MIRROR, BINOCULARS**

TRANSPORTING ALL SUPPLIES:

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