

Supply List

“Bloom Your Self” Intuitive Painting Workshop

Instructor: Diana Toma

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Thank you for signing up for “Bloom Your Self” intuitive painting workshop. I am so excited to meet you all and co-create in this painting adventure! Here are some tips to get ready for the workshop.

- Make sure you wear comfortable clothes and shoes, something that you don't mind getting dirty, I want you to allow yourself to get messy. You may bring an apron for this purpose.
- Also bring a drop cloth, for easy clean-up at the end. Dollar store plastic table covers work great for this purpose

Required

- Two acrylic brushes
- One large size canvas (36"x48" recommended).

Optional

- A sponge
- Paper towels or a microfiber cloth
- An old comb, or any object that you could use to create texture
- A snack and bottled water to stay hydrated. As a rule of thumb, bring whatever you need to feel comfortable and enjoy the process

Provided

- All paint supplies. A \$20 supplies fee is PAYABLE TO DIANA on the day of the workshop; please bring cash or a check
- Spray bottles and water containers